1 Post Polio Resources at CCS Disability Action

After the fall: do illnesses, injuries and surgeries trigger PPS? / Richard Bruno [Article]
In: New Mobility, 8no44, (May 1997) : p. 54–55
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Accidents

Location: Website
Keywords: 1. Ageing 2. Polio 3. United Kingdom
Web Site: http://www.leeds.ac.uk/disability-studies/archiveuk/Zarb/POLIO.pdf

Aging with a disability: the late effects of polio / Jessica Scheer [Article]
Location: Shelf
Keywords: 1. Ageing 2. Post Polio Syndrome 3. USA 4. Research Study

Author June Opie dies of cancer [Article] (1999)
Location: Vertical file
Keywords: 1. Post Polio Syndrome

Between disability and womanhood: the everyday struggles and triumphs of a Kenyan woman / Beneditta Ngina Gathecha [E-Article]
In: Disability Studies Quarterly, 29no4, (2009)
Location: Website
Web Site: http://dsq-sds.org/issue/archive

The calliper kids: eleven life journeys of polio survivors living in Knox and the Yarra Ranges, Victoria / Joan Smith [Book]
[Ferntree Gully, Vic.]: Knox–Yarra Ranges Polio Support Group, 2009
Location: 223.1 SMI
Keywords: 1. Polio 2. Personal Stories 3. Australia
Stories about growing up and living with polio, from a range of people currently living in Victoria.

Celebrating the 50th anniversary of the Salk polio vaccine [Article]
In: Without Limits (Jun 2006) : p. 13–14
Location: Shelf
Keywords: 1. Polio 2. New Zealand
Cincinnati's stealth polio epidemic: a medical whodunit has meaning for polio survivors today / Richard Louis Bruno [Article]
In: New Mobility (Jun 1999) : p. 36–39
Location: Shelf
Keywords: 1. Polio 2. Cincinnati 3. USA

Cold intolerance: polio survivors share first person accounts / Linda Wheeler Donahue [Article]
In: Polio Perspectives (Spring 2004) : p. 11
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Cold

Effective post-polio treatment should come soon: vigorous exercise may precipitate post-polio syndrome, research tells society's national conference / Mark Hill [Article]
In: New Zealand Disabled (December 1991) : p. 40–42
Location: Shelf
Keywords: 1. Post Polio Syndrome

The evolution of pain in the polio survivor / Stephen de Graaff [Article]
In: Polio Perspectives (Winter 2010) : p. 6–7
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Pain

Fatigue in post-poliomyelitis syndrome / Daria A. Tojan, Daniel Gendron & Neil R. Cashman [Article]
In: Abilities (Winter 1992) : p. 20
Location: Shelf
Keywords: 1. Post Polio Syndrome

Fear of falls, risks and practical strategies / Kristine Legters [Article]
In: Polio Perspectives, 18no1, (Autumn 2006) : p. 10–11
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Falls

Fifty years polio free in NZ [Article]
In: Public Health Perspectives (Jun 2006) : p. 12–13
Location: Shelf
Keywords: 1. Polio 2. New Zealand
Franklin D Roosevelt's Shangri-La: foreshadowing the independent living movement in Warm Springs, Georgia, 1926–1945 / Daniel Holland [Article]
Location: Shelf

Global polio eradication campaign WHO and UNICEF / WHO Press Releases [E-Article]
(Jan 1997)
Location: Website
Keywords: 1. Viral Diseases 2. Polio

History and a story of polio: using and abusing oral history interviews / Jerrold Hirsch [Article]
In: Disability Studies Quarterly, 18no4, (Fall 1998) : p. 264–266
Location: Shelf
Keywords: 1. Polio 2. Films 3. Oral History

Home bound: growing up with a disability in America / Cass Irvin [Book]
Philadelphia: Temple University Press, 2004
Location: 080 IRV
During her childhood, Irvin spent weeks at the Roosevelt Warm Springs Institute for Rehabilitation in Georgia, a disability haven for people with polio founded by Franklin D. Roosevelt in 1930. In a world of stairs and narrow doorways, this accessible oasis was both a refuge and a torture chamber for her, a place to be poked, prodded, looked over and talked about as if she were a lab specimen, but also a place with no worries of being taunted or teased, a place where she could find ways to make her life a bit more digestible. Irvin doesn’t start out as a disability activist – she stumbles into it, meeting the pioneers of disability advocacy who happen to cross her path while attending college. All her trials and triumphs are in plain view: counselors discouraging her ambitions; a mother who couldn’t cope with a high-level disability; boyfriends who eventually became personal care assistants and more. Irvin's book spells out what it was like to fight for accessibility when there was none. Setting aside her fear, she plunged ahead, unaware of the obstacles that would litter her path.

How do we know Australia is free of polio? / Kerri Anne Brussen [Article]
In: Polio Perspectives, 18no2, (Winter 2006) : p. 8
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Australia

Hydrotherapy and the post-polio population / Cathy White [Article]
In: Polio Perspectives, 18no1, (Autumn 2006) : p. 3
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Hydrotherapy
Inflammation and post polio syndrome [Article]
In: Polio Perspectives, 18no2, (Winter 2006) : p. 1,3
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Inflammation

Inside/Out 2001 series [Video]
Wellington: Long White Cloud; New Frontier Trust, 2001
Location: Video

Iron cradles / Carol Mara [Book]
St Leonards, NSW: Allen and Unwin, 1999
Location: 223.1 MAR
Keywords: 1. Polio 2. Fiction 3. Australia
Tells the story of one country family in the 1950’s whose baby daughter, diagnosed with polio, is banished to a Sydney hospital and into isolation.

The management of post–polio symptoms requires commitment to a change in lifestyles / J. Michael Paterson [Article]
In: Abilities (Summer 1992) : p. 83–84
Location: Shelf
Keywords: 1. Post Polio Syndrome

Management of post–polio syndrome / Rubin M. Feldman [Article]
In: Abilities (Fall/Winter 1992) : p. 35
Location: Shelf
Keywords: 1. Post Polio Syndrome

Mind over muscle : surviving polio in New Zealand / Karen P. Butterworth (ed) [Book Lost]
Palmerston North: Dunmore Press, 1994
Location: 223.1 MIN
Keywords: 1. Polio 2. Post Polio Syndrome 3. Personal Stories 4. New Zealand
A history of polio in New Zealand from the epidemics of 1916 and 1956 to the impact of post polio syndrome in recent times.
Location: Vertical file
Keywords: 1. Post Polio Syndrome

Over my dead body : forty years on / June Opie [Book]
Auckland: Reed, 1996
Location: 223.1 OPI
Keywords: 1. Polio 2. Personal Stories 3. New Zealand
The story of June Opie, a well-known New Zealander who contracted polio in the 1950's. Whilst on holiday she contracted polio, spending over two years in St Mary's Hospital, London. The first section of this book – Over My Dead Body – is an abridged version of her original book published in 1957. The second section – Forty Years On – updates her life since St Mary's – graduation from university, employment, travel.

The people vs VAPP : parents can make a difference / Bridget Lyne [Article]
Location: Shelf
Keywords: 1. Polio 2. Vaccine Associated Paralytic Polio (VAPP) 3. Personal Stories 4. Immunisation 5. USA

Polio eradication and acute flaccid paralysis surveillance / Post Polio Network [E-Article]
Location: Website
Keywords: 1. Viral Diseases 2. Polio 3. Australia

Polio immunisation school resource (UNICEF) / Tania Lynch [Article]
Location: Vertical File
Keywords: 1. Viral Diseases 2. Polio 3. Disability Awareness 4. New Zealand

The polio paradox [Article]
In: New Mobility (Jun 2002) : p. 43–45
Location: Shelf
Keywords: 1. Post Polio Syndrome

The polio paradox : understanding and treating 'post-polio syndrome' and chronic fatigue / Richard Bruno [Book]
New York: Time Warner, 2002
Location: 223.1 BRU
Keywords: 1. Post Polio Syndrome 2. Chronic Fatigue Syndrome 3. Fibromyalgia
Drawing on two decades of research, the author, a world leading expert on post polio syndrome, has a blueprint for emotional and physical well-being. He provides solutions for polio survivors and people ageing with a lifelong disability. He also describes the cause and treatment for chronic fatigue syndrome, myalgic encephalomyelitis and fibromyalgia.
Polio survivors abroad: Canadian roulette, roulette Britannia / Richard Bruno [Article]
In: New Mobility, 7no39, (Dec 1996) : p. 45–49
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Health Care 3. United Kingdom 4. Canada 5. USA

Polio: then and now [Article]
Keywords: 1. Post Polio Syndrome 2. Morris, Edith 3. Wilson Home
Edith Morris contracted polio as a child and now has Post Polio Syndrome

Poliomyelitis revisited / Janice Jencarelli [Article]
Location: Shelf
Keywords: 1. Post Polio Syndrome

Post-polio, menopause and ageing / Sunny Roller [Article]
In: Polio Perspectives (Winter 2010) : p. 10–11
Location: Shelf

Post-polio, menopause and aging / Sunny Roller [Article]
In: Polio Perspectives (Autumn 2005) : p. 4–5
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Menopause 3. Ageing

Post polio research in British Columbia / Cecil Hershler [Article]
In: Abilities (Fall 1993) : p. 82
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Canada

Post-polio sequelae and the psychology of second disability / Nancy Frick [Article]
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Secondary Conditions

Post polio support group of SA inc [booklet] [Article]
Location: Vertical file
Keywords: 1. Post Polio Syndrome
Post polio syndrome: a fact sheet written by Dr M E Falkner [booklet] / M E Falkner [Article]  
Location: Vertical file  
Keywords: 1. Post Polio Syndrome

Post–polio syndrome: a guide for polio survivors and their families / Julie Silver [Book]  
New Haven: Yale University, 2001  
Location: 223.11 SIL  
Keywords: 1. Post Polio Syndrome  
This guide for polio survivors, their families, and their health care providers offers expert advice on all aspects of post–polio syndrome. The author discusses issues of how to find the best medical care, deal with symptoms, sustain mobility, manage pain, approach insurance issues and arrange a safe living environment.

Post–polio syndrome and inflammation / Marcia Falconer [Article]  
In: Polio Perspectives (Autumn 2005) : p. 8–9  
Location: Shelf  
Keywords: 1. Post Polio Syndrome 2. Inflammation

Post polio syndrome [brochure] / M E Falkner [Article]  
Keywords: 1. Post Polio Syndrome

Post–polio syndrome: living with an eradicated disease / Mary Westbrook [Article]  
In: Independent Living, 17no2, (Winter 2001) : p. 4–6  
Location: Shelf  
Keywords: 1. Post Polio Syndrome

Post polio syndrome: the Australian experience [DVD]  
Collingwood: Polio Network & Paraquad, 2005  
Location: DVD  
Keywords: 1. Polio 2. Post Polio Syndrome 3. Treatment  
This DVD demonstrates the difficulty and perseverance needed, to receive assistance and acknowledgement as a post polio or late effects polio sufferer. The first step is ruling out other conditions that have similar symptoms. These symptoms may include a general fatigue, pain, weakness of muscle and a wearing down of the nerve endings. Once diagnosed there are a range of treatments available, to better enable sufferers to live rewarding lives. This DVD takes us step by step through some possible choices.

PPS Forum – depression and post polio syndrome / Richard Louis Bruno [Article]  
In: New Mobility (Sep 2001) : p. 52  
Location: Shelf  
Keywords: 1. Post Polio Syndrome 2. Depression
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A practical approach to the late effects of polio / Charlotte Leboeuf [Lost]
Location: 223.11 LEB
Keywords: 1. Post Polio Syndrome
Handbook for people who previously have had polio and to those who wish to obtain information on the acute polio infection and how it relates to the late effects of polio.

A practical approach to the late effects of polio[booklet] / Charlotte Leboeuf [Article]
Location: Vertical file
Keywords: 1. Post Polio Syndrome

The problem of normality / Karen Peterson Butterworth [Article]
Location: Shelf

Profile of post-polio networks and self-help groups in Canada / Joseph Kaufert & George M. Torrance [Article]
In: IDEAS Portfolio III (Nov 1991) : p. 12–13
Location: Shelf
Keywords: 1. Post Polio Syndrome 2. Self Help Groups 3. Canada

Progress toward global eradication of poliomyelitis, 2001 [Website]
Location: Website
Keywords: 1. Polio 2. International Policies
Web Site: www.cdc.gov/mmwr/preview/mmwrhtml/mm5112a1.htm

Rehabilitation gazette [Serial]
St Louis, MO: Gazette International Networking Institute, 1958
Location: SERIAL
Keywords: 1. Independent Living 2. Polio 3. Serials
General articles on disabilities and independent living.

Riding for a cause / Bob Mutchler [Article]
Location: Shelf
Keywords: 1. Polio 2. Motorbikes 3. Rotary International 4. Personal Stories 5. USA
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Risk of falls and injuries in the older person with polio / Keith Hill [Article]
Location: Shelf
Keywords: 1. **Polio** 2. Falls 3. Older People

Rotary and PolioPlus [Article]
Location: Vertical File
Keywords: 1. Viral Diseases 2. **Polio** 3. Rotary 4. Developing Countries

Searching for polio : how to get a polio education without leaving home / Omega Baker [Article]
In: New Mobility, 8no47, (Aug 1997) : p. 36–38
Location: Shelf
Keywords: 1. **Polio** 2. Internet

"Significant" incidence of postpolio effects [Article]
In: New Zealand Disabled (Dec 1993) : p. 8
Location: Shelf
Keywords: 1. **Post Polio Syndrome** 2. New Zealand

Some aspects of poliomyelitis in NZ / Jean C Ross [Book]
Christchurch: Post-Polio Support Society, 1994
Location: 223.11 ROS
Keywords: 1. **Polio** 2. **Post Polio Syndrome** 3. History 4. New Zealand
Currently Out: 950137
History and background to polio in NZ.

Philadelphia, PA: Moss Rehabilitation research Institute, 2003
Location: 223.11
Keywords: 1. **Post Polio Syndrome** 2. Shoulders
This manual is aimed at polio survivors to help them become more aware of the behaviours that can cause shoulder overuse and some of the treatment options available.

Telling David's story : one father's fight to increase the safety of childhood vaccinations / John Salamone [Article]
Location: Shelf
Keywords: 1. Immunisation 2. **Polio** 3. Brutons Agammaglobulinenia 4. Personal Stories 5. USA
The ten commandments of PPS / Richard Bruno & Nancy Frick [Article]  
In: New Mobility (Jun 1999) : p. 40-42  
Location: Shelf  
Keywords: 1. Post Polio Syndrome

Therapeutic electrical stimulation: new hope for people with post-polio syndrome / Karen E. Pape, Susan E. Kirsch & Luigi A. Castagna [Article]  
In: Abilities (Spring 1992) : p. 35-39  
Location: Shelf  
Keywords: 1. Post Polio Syndrome

To brace or not to brace? that is often the question [Article]  
In: Polio Perspectives (Summer 2003/2004) : p. 1,6  
Location: Shelf  
Keywords: 1. Post Polio Syndrome 2. Bracing

To reap the rewards of post-polio exercise / Sunny Roller & Frederick Maynard [E-Article]  
Location: Website  
Keywords: 1. Post Polio Syndrome 2. Exercise  
Web Site: http://www.ncpad.org/whtpprs/postpolioex.htm

Tom Klemmer: treating PPS in his own writ / Barry Corbet [Article]  
In: New Mobility, 8no44, (May 1997) : p. 51-53  
Location: Shelf  
Keywords: 1. Post Polio Syndrome 2. Treatment 3. Alternative Health Therapies 4. USA

Tracking the wild polio virus: virus detectives fight polio with test tubes, technology, and tenacity / Carl Silver [Article]  
In: The Rotarian (Apr 1996) : p. 34-35  
Location: Vertical File  
Keywords: 1. Viral Diseases 2. Polio 3. Rotary 4. Polioplus Partners Programme

Understanding post-polio syndrome / Pauline Nicholson [Article]  
Location: Shelf  
Keywords: 1. Post Polio Syndrome
What having polio causes, might cause and does not cause [Article]
Location: Shelf
Keywords: 1. Post Polio Syndrome
This article provides basic information about what the polio virus does to the human body.

World gears up to eradicate polio / Susan Guthridge [Article]
In: First Call for Children (April/June 1993) : p. 1, 10
Location: Shelf
Keywords: 1. Polio 2. Developing Countries

World health report 1998 / WHO [Article]
Location: Website
Keywords: 1. Viral Diseases 2. Polio 3. Developing Countries 4. Statistics